



BEHAVIORAL HEALTH IMMEDIATE RESOURCES

Trained and compassionate individuals are available to support you during hurricane season, the pandemic and other illnesses responses or any emotional crisis. They will provide information and help to link you to confidential mental health and substance use services.

Office of Behavioral Health: Keep Calm Line

- 1-866-310-7977 (24/7)

Help Line

- 1-877-664-2248 (24/7)

Local Human Services Districts/Authorities

- <https://ldh.la.gov/index.cfm/directory/category/321>

Louisiana 211

- Call 2-1-1
- <https://www.louisiana211.org>
- Free, 24/7 referral and information line that connects people to a wide range of health and human services

988 Suicide and Crisis Lifeline

- Call or text 9-8-8
- Español: Llame al 1-877-696-6775
- Deaf/HoH: Use your preferred relay service or dial 711 then 988
- Veterans: Text 838255
- Chat available at 988lifeline.org

American Foundation for Suicide Prevention

- <https://afsp.org/chapter/louisiana>

CrisisText Line

- Text HOME to 741741 (24/7)

SAMHSA Disaster Distress Helpline

- Call 1-800-985-5990
- Text TALKWITHUS to 66746



LOUISIANA
DEPARTMENT OF HEALTH
Behavioral Health